



# FOOD

ECOPROCURA '14  
.BE SUSTAINABLE



## DID YOU KNOW?

3 km = 200 g CO<sub>2</sub>

plant-based proteins



x 4 = 557 l water



beef

5.360 g CO<sub>2</sub>

= 32 km

3.960 l water

= 35 x



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## DID YOU KNOW?

0 g CO<sub>2</sub>



0,33 l water

27 g CO<sub>2</sub>

= 160 m



0,7 l water

45 g CO<sub>2</sub>

= 260 m



40 l water

110 g CO<sub>2</sub>

= 650 m



180 l water

83 g CO<sub>2</sub>

= 490 m



200 l water



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## DID YOU KNOW?

188 g CO<sub>2</sub> = 1 km



40 l water

= 0,3 x



305 g CO<sub>2</sub>

= 1,8 km

200 l water

= 1,5 x



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## DID YOU KNOW?

145 g CO<sub>2</sub> = 850 m



300 l water

= 2 x

757 g CO<sub>2</sub> = 4,5 km



500 l water

= 3,5 x

901 g CO<sub>2</sub> = 5,3 km



600 l water

= 4,2 x



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## DID YOU KNOW?

Your menu for  
the lowest water  
& ecological footprint?



# EAT

SEASONAL  
LOCAL  
FRESH  
ORGANIC  
VEGETARIAN  
LOW-PROCESSED  
LOW-FAT



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6.885 km =



1.170 kg  
CO<sub>2</sub>



3 DAYS  
LUNCH & BREAKS

- 56%

olympic pool = 70%



1.454 m<sup>3</sup>  
water

2.663 kg  
CO<sub>2</sub>

15.667 = km



USUAL EVENT

2.516 m<sup>3</sup>  
water

= 120%  
olympic pool



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1.864 km =



317 kg  
CO<sub>2</sub>

- 36%



WALKING  
DINNER

697 kg  
CO<sub>2</sub>

= 4.101 km



USUAL EVENT

olympic pool = 20%



429 m<sup>3</sup>  
water

- 55%

= 30%  
olympic pool



668 m<sup>3</sup>  
water



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8.749 km =



1.487 kg  
CO<sub>2</sub>



TOTAL  
CATERING

- 56%

olympic pool = 75%



1.883 m<sup>3</sup>  
water

3.361 kg  
CO<sub>2</sub>

= 19.768 km



USUAL EVENT

3.184 m<sup>3</sup>  
water

= 127%  
olympic pool

